

**LIVE BROADCAST**  
Main Sessions via the web!



ROCKY 2011

# AMPLIFY



ROCKY MOUNTAIN HIGH

**JULY 23-27, 2011**

**BUILD UP. STRENGTHEN. OVERFLOW.**

[WWW.SYNODYOUTH.ORG](http://WWW.SYNODYOUTH.ORG)



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## Main Stage



### KRISTIAN STANFILL

*Authentic worship songs filled with awe and wonder*



### BEN GLENN

*Visually illustrates a positive life-changing message*

### STUART HALL

*Develops students as spiritual leaders with powerful application*

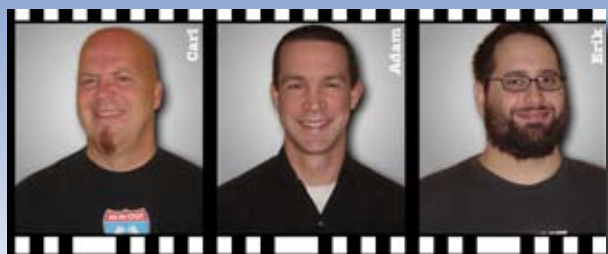


### SKYLIKEFIRE

*Energetic music igniting a fire in people's hearts*

### ALLI ROGERS

*Captivating worship speaking spiritual truth*



### 321 IMPROV

*A unique, interactive brand of goofiness to spread a message of true joy that can only come from Jesus Christ*



### TAYLOR MASON

*Comedian, ventriloquist and musician; the anti-depressant who can be absorbed through the eyes and ears*

### SNACK SHACK!

### GAMES!

### SMOOTHIE BAR!



# After Hours

### FEED MY STARVING CHILDREN

Help package meals for people in third world countries!!!  
Your hands can help serve around the globe!



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# ROCKY 2011

## RMH MISSION STATEMENT

To provide a large group encounter with the transformational truth and love of Jesus for students and leaders.

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**BUILD UP. STRENGTHEN. OVERFLOW.**  
Colossians

*Rocky 2011 is going to rock your socks off for Jesus. Get ready to sound a little less pretty and a little more loud! We're going to dive into the book of Colossians and study a chapter a day!!! It's going to be raw, spirit filled intensity that will build up your spiritual walk, strengthen your relationships and make the love of Jesus uncontainable in your life. Let's dial in to what the living word has to say and CRANK THAT BABY UP!*

## WHAT IS ROCKY MOUNTAIN HIGH?

Rocky Mountain High is an event held every three years sponsored by the Synod of the Heartland, Office of Youth Ministries. It is geared towards high school students currently in grades 9th through 12th for the 2010-2011 school year and their adult leaders. RMH is open to Reformed churches in the Synod of the Heartland, as well as out-of-synod churches on a limited basis.

## YMCA CAMP OF THE ROCKIES

Rocky Mountain High is held at the YMCA Camp of the Rockies in Estes Park, CO. It is nestled in the heart of the Rocky Mountains, surrounded by nature and the sheer beauty of God. During the week of RMH dorm rooms and cabins become your home for the week. The YMCA Camp has recreation areas, large group facility, chapels, a pool, and much more! Everyone will have a chance to renew their hearts with the scenic view each day.

## RMH GENERAL INFORMATION

**Conference Dates:** July 23-27, 2011

**Registration Cost:** \$295/person - On-Campus (staying at the YMCA Camp)

**Transportation:** Synod Bussing available. Prices vary. See page 7 for more information.

## DAILY SCHEDULE

### SATURDAY JULY 23

3:00-5:00 pm - Registration  
7:00 pm - Main Session  
8:30 pm - Youth Group Time  
9:45 pm - After Hours  
11:45 pm - In Dorms

### SUNDAY - TUESDAY JULY 24-26

6:30 am - Breakfast  
8:15 am - Main Session  
9:30 am - Youth Group Time  
10:30 am - Seminars  
11:30 am - Lunch  
1:15 pm - Recreation (times vary)  
5:00 pm - Dinner  
7:00 pm - Main Session  
8:30 pm - Youth Group Time  
9:45 pm - After Hours  
11:45 pm - In Dorms

### WEDNESDAY JULY 27

8:00 am - Check-out and departure

Adult/Student Ratio: Adult leaders must be graduated from of high school for at least two years, exemplify mature, Christ-like behavior, and have ministry to youth as a primary interest.

**Maximum ratio 1:8 (adult:student) per gender**

**Minimum ratio 1:3 (adult:student) per gender**

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## Rocky 2011

### Seminars

Seminars will be offered Sunday, Monday and Tuesday morning at Rocky Mountain High. Every participant will be assigned a different seminar option each morning. Please list in order of preference on the back side of the registration form.

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### 1 Ben Glenn

#### I'M NOT NORMAL I'M SPECIAL

*Do you find it hard to sit still, pray and listen? Diagnosed with dyslexia and ADHD at a young age, Ben has developed tips for spending time with God. He can help you understand God's unique call on your life with humor and insight.*

### 2 Tom Tufts

#### BE A HERO

*Tom will challenge you to step it up! Integrity, compassion, commitment and a spirit that won't quit will form who you are and how you impact those around you. Be prepared for a life changing experience.*



### 4 Jared Herd

#### DEEP FAITH

*It's one thing to say you believe - it's another to live it out. Jared will help you dive deep into your faith. He will challenge you to move from believing in Christ to following him.*

### 3 Craig & Molly Sanborn

#### HOW TO HAVE THE BEST SEX

*In a world where sex sells, Craig and Molly refused to sell out. Come hear the story of how they waited on God, waited for each other and discovered how God's blessings are received through radical obedience.*



#### RIISING TO THE LEADERSHIP CHALLENGE

Sunday, Monday and Tuesday morning at 6:00am, this specialized workshop is designed for students and adults desiring to understand their full leadership potential. Each morning will include a catered breakfast, as well as interaction with speakers and leaders desiring to equip and challenge you to lead with confidence and character. Sign-up is available on the back side of the registration form. Limited spots available; admission is based on a first come, first serve basis. Letters of admission will be sent spring 2011.

### • MISSIONS

#### What would you do with \$1000?

A number of youth groups from Rocky will receive a grant of up to \$1000! Start dreaming and write a 100 word essay describing how your youth group will use a grant to help the hungry in your community. Enter your essay into a random drawing when you arrive at Rocky.

Grant amounts will vary according to the Mission Offering total!

#### • Africa 2012

Students from Rocky will be travelling overseas next summer (2012) to build relationship and meet the physical needs of people suffering from hunger and poverty in Africa. The trip would be held in either June or July. If you are interested in joining the team, please fill out an application on our website [www.synodyouth.org](http://www.synodyouth.org) under Rocky Mountain High. Interviews will be conducted at Rocky.

### Feed My Starving Children

Sign-up to package meals for people in third world countries! Available during Recreation and After Hours. Partner with Feed My Starving Children to pack over 100,000 meals in 3 days! Engage you heart, hands and mind by serving others. The meals will go to starving people in third world countries.

#### • The Refuge

Experience the power of prayer! A quiet place to seek God. Pray alone or meet with our prayer team!

#### • Mission Offering

The offering taken at Rocky will go toward helping those in poverty around the world. Missions in Africa  
FMSC Food Packing  
Youth Group Grants

• **RECREATION** - *These options are no extra cost.* On-Campus recreation will automatically be assigned each day unless otherwise indicated.  
At least ONE On-Campus day is required at RMH.

**ON-CAMPUS - YMCA CAMP • FREE**

Spend the afternoon on the grounds of the YMCA camp where you'll find basketball tournaments, miniature golf, inflatable games, prayer labyrinth, swimming, snack bar, and more!

**SIGHTSEEING/SHOPPING-DOWNTOWN ESTES PARK • FREE**

Spend the afternoon in downtown Estes Park where you can take in the sights, do some shopping, experience the local culture, and so much more.

**FMSC - FOOD PACKING EVENT • FREE**

Partner with Feed My Starving Children to pack over 100,000 meals in 3 days! Engage your heart, hands and mind by serving others. The meals will go to starving people in third world countries.

# Recreation ROCKY 2011

*You may list your top choices and select the same options as your friends/church but there is NO GUARANTEE you will get your top choices nor be with your friends. Each recreation has a very limited number of spots, with the exception of On-Campus. A computer randomly assigns the recreation options. Even if you select only one Recreation or Recreation PLUS option, it doesn't guarantee you'll be assigned that option; all available spots could be filled by the time you are registered.*

*Recreation will be offered Sunday, Monday and Tuesday afternoon at Rocky Mountain High. Every participant will be assigned On-Campus recreation each afternoon unless other options are indicated. Selections are available on the back side of the registration form. ONE On-Campus day is REQUIRED for each participant.*

• **REC PLUS** - *These options cost extra* (selection and participation are optional)

**ALLUVIAL FAN/BEAR LAKE BUS TOUR-  
ROCKY MOUNTAIN NATIONAL FOREST - \$10**

Take a guided bus trip to catch a glimpse of two of Colorado's most amazing natural wonders. You'll make your way from the YMCA Camp to Alluvial Fan and Bear Lake. Optional short hike on this tour.

**MOUNTAIN HIKING - \$10**

Enjoy the magnificent outdoors on an exhilarating hike. A personal guide will take you through some of Colorado's most beautiful countryside and into Rocky Mountain National Park. Somewhat strenuous.

**TRAIL RIDGE BUS TOUR -ROCKY MOUNTAIN NATIONAL FOREST - \$10**

Take a guided bus trip through some of the most remarkable landscape in Colorado. You'll make your way from the YMCA Camp to the core of Rocky Mountain National Forest.

**CLIMBING WALL - \$15**

Vertical challenge designed for the beginner or intermediate wall climber. Intermediate wall includes some over-hangs. 1 1/2 hour experience.

**ZIP LINE - \$15**

Have the ride of your life feeling the rush of fresh mountain air while viewing the snow capped peaks of the Rockies! You will zip over 800ft across the beautiful Wind River Valley reaching up to 30mph. Weight restrictions apply. No less than 80lbs or more than 200lbs for safety reasons.

**WATER WORLD - \$20**

Jump into fun under the sun at one of America's largest water parks! Featuring over 40 water attractions from tube rides to thrill rides, this water park has something for everyone. Swimsuit/towel required. This recreation requires a long bus ride and will require you to miss your morning seminar.

**HIGH ROPES COURSE - \$20**

Face the heights on this high ropes course. 2 1/2 hour course that will challenge you both individually and as a team player. Discover the inner strength and courage within yourself.

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**GOLFING - \$25**

Grab your clubs and play a round of golf in the open air of Colorado! This is a nine hole, 3 par course. Bring your golf clubs or rent them at the course.

**HALLETS PEAK CLIMB (ALL DAY) - \$25**

Begin the day right, begin the day early, and take a climb up Halletts Peak. This challenging climb covers 6 miles and takes you up almost 3,238 feet. Good physical endurance and fitness a must. This recreation begins at 5:00am and will require you to miss the morning session and your morning seminar.

**HORSEBACK RIDING (60MIN) - \$25**

Sit back, relax, and enjoy a horse ride. Whether you've never been on a horse or you've been riding your whole life, you'll enjoy the scenic trails this recreation has to offer. Approx. 60 minute ride.

**HORSEBACK RIDING (90MIN) - \$35**

Sit back, relax, and enjoy a horse ride. Whether you've never been on a horse or you've been riding your whole life, you'll enjoy the scenic trails this recreation has to offer. Approx. 90 minute ride.

**ROCK CLIMBING/RAPPELLING - \$35**

Encounter the challenge of rock climbing/rappelling in the scenic area around Mary's Lake. Good physical condition advised. No refunds given if climb is cancelled due to rain or bad weather.

**RIVER RAFTING - \$50**

Experience the deep canyons and clear waters on this white water rafting trip. Be prepared to get wet as you face the mighty rapids of this great adventure. Fairly strenuous; ability to swim advised. This recreation requires a long bus ride and will require you to miss your morning seminar.

**RECREATION PLUS DISCLAIMER**

If you choose to participate in the Recreation PLUS options, you will be assigned ONE of your selections. This may or may not be your first or second choice, depending on availability. If you do not wish to participate in or pay for any of the Recreation PLUS options, simply leave that section blank on the registration form.



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## ROCKY 2011

### INFORMATION ABOUT YOU

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  Male  Female

Address \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email \_\_\_\_\_

Church \_\_\_\_\_ City \_\_\_\_\_

Youth Pastor/Contact Leader \_\_\_\_\_ YP/CL Cell Phone Number \_\_\_\_\_

Adult  Student • If a student, for the 2010-2011 school year, what grade are you currently in: 9 10 11 12

### ADULT LEADERS ONLY

Do you have insurance?  Yes  No • If YES, please list below:

Insurance Company \_\_\_\_\_

Group/Policy Number \_\_\_\_\_

#### In case of an emergency:

Contact Person \_\_\_\_\_

Relationship \_\_\_\_\_

Cell Phone \_\_\_\_\_

Alternate Phone \_\_\_\_\_

- Are you on any medication or prescription drugs? .....  YES  NO
- Are you able to participate in all RMH 2011 activities? .....  YES  NO
- Are you in generally good health? .....  YES  NO

Explain:

Please list all health related issues, physical limitations, medications/prescription drugs, or medical precautions the medical team should be aware of:

\_\_\_\_\_  
Signature of ADULT LEADER (mandatory)

Date \_\_\_\_\_

I need to be in a handicap accessible room if available

### STUDENT PARTICIPANTS ONLY

\* If you are a student, your parent or adult guardian must fill out this column

Do you have insurance?  Yes  No • If YES, please list below:

Insurance Company \_\_\_\_\_

Group/Policy Number \_\_\_\_\_

#### In case of an emergency:

Contact Person \_\_\_\_\_

Relationship \_\_\_\_\_

Cell Phone \_\_\_\_\_

Alternate Phone \_\_\_\_\_

- Are you on any medication or prescription drugs? .....  YES  NO
- Are you able to participate in all RMH 2011 activities? .....  YES  NO
- Are you in generally good health? .....  YES  NO

Explain:

Please list all health related issues, physical limitations, medications/prescription drugs, or medical precautions the medical team should be aware of:

\_\_\_\_\_  
Signature of PARENT/GUARDIAN (mandatory)

Date \_\_\_\_\_

I need to be in a handicap accessible room if available

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▼ Please fill out the following sections in order to complete the registration process for Rocky Mountain High.

All yellow boxes are required and will be sent back if not completed; all blue boxes are optional.

## RECREATION CHOICES (no charge)

You will automatically be assigned YMCA On-Campus each day unless otherwise indicated.

(O) YMCA On-Campus (automatic assignment)

To replace **ONE** of your YMCA On-Campus days, please indicate below:

(P) **Feed My Starving Children** Food Packing

(S) Sightseeing/Shopping

## SEMINAR CHOICES

Please number 3 seminar choices in order of preference - 1 being your first choice. (See page 3 for details)

(1) Ben Glenn

(2) Tom Tufts

(3) Craig & Molly Sanborn

(4) Jared Herd

## RECREATION PLUS CHOICES (extra cost)

If you choose to sign-up for Recreation PLUS, rank 3 choices in order of preference - 1 being your first choice. You will be assigned only **ONE** of your choices according to availability. (See page 4 for details)

(A) Alluvial Fan/Bear Lake

(B) Mountain Hiking

(C) Trail Ridge Bus Tour

(D) Climbing Wall

(E) Zip Line

(F) Water World

(G) High Ropes Course

(H) Golfing

(I) Hallets Peak Climb

(J) Horseback Riding (60 min)

(K) Horseback Riding (90min)

(L) Rock Climbing

(M) River Rafting

## OVERSEAS MISSION TRIP 2012 (See page 3 for details)

YES, I am interested in going on an overseas mission trip next summer in 2012. Please contact me with more information! **Apply online [www.synodyouth.org](http://www.synodyouth.org)**

## RISING TO THE CHALLENGE

Early Morning Leadership Seminar 6:00am (optional)

YES, I am interested in participating in the 6:00am Leadership Seminar at RMH.

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## ROCKY MOUNTAIN HIGH PARTICIPANT AGREEMENT REQUIRED

In signing this form, I acknowledge I have read the Guidelines for Rocky 2011 as listed below, and I agree to follow and abide by these guidelines while at Rocky Mountain High, July 23-27, 2011.

PARTICIPANT Signature (mandatory) \_\_\_\_\_ Date \_\_\_\_\_

### RMH GUIDELINES

All adult and student participants must read through and agree to abide by the following guidelines during Rocky Mountain High 2011. After reading through the guidelines, all participants must sign the Participant Agreement on the back side of the registration form, agreeing to follow the guidelines as listed below.

- I understand that the RMH Leadership reserves the right to send me home if I am found using alcohol, tobacco, or drugs during the event.
- I understand that if I am under the age of 18, I will not smoke nor encourage or aggravate anyone else to smoke. (Colorado Law prohibits smoking under the age of 18)
- I understand that I will be given a name tag and am expected to wear it at all times as a form of identification for the event.
- I understand that once I arrive at the YMCA Camp, I am not allowed to leave the grounds unless taking part in an organized recreation activity or my group is housed off-campus. As an adult leader, I understand if I need to leave the grounds for personal or recreational activity, I will obtain permission from the RMH Leadership before doing so.
- I understand that males and females will be housed in separate rooms, and I am not allowed in the rooms of the opposite gender, except for organized youth group time with adult leaders present.
- I understand that I may be roomed with people from another youth group; I understand this may need to happen in order to best accommodate as many participants so more individuals have the RMH experience.
- I understand that I am expected to attend all main sessions, seminars, and other assigned activities.
- I understand that in order to be treated with respect, that I must respect others and show consideration to their belongings.
- I understand that I am responsible for any damages, whether accidental or purposeful, in my assigned room or around the YMCA Camp.
- I understand that I may need to be flexible and willing to work with other youth groups, adult leaders, and the RMH Leadership, and I agree to adhere to all Rocky Mountain High regulations as they are made known to me before and during the event.

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## ROCKY 2011

### REGISTRATION DATES

**Registration Opens: February 1, 2011**

**Registration Closes: April 15, 2011**

Registration is based on a first come, first serve basis for Synod of the Heartland churches (with a limited number of spots for churches outside the Synod of the Heartland), until capacity is reached at the YMCA Camp, Estes Park, CO. Once the deadline date is reached and assuming there is still availability, unfilled spots will be open to out-of-synod churches on the waiting list. To be on the waiting list, all registrations need to be filled out and at the Synod Office with payment.

### RMH COSTS

Registration

**On-Campus/YMCA Camp: \$295**

This includes lodging, linens and towels, meals, and all RMH programming.

- FULL registration cost is due when registration forms are sent in. Individuals should turn in their registration form and payment to their church or youth leaders. In turn, the church or youth leaders should send in all completed forms and ONLY ONE payment to the Synod of the Heartland. That means only ONE CHECK from each church to cover all registration costs.
- Groups cannot send in payment to reserve spots without completed registration forms.
- Groups will be allowed to send in payment for a maximum of 2 unnamed ADULTS, NOT students. Unnamed spots will be removed after June 20, 2011 if not filled with a completed registration without refund.
- Groups will be housed in the dormitories at the YMCA Camp of the Rockies.

### TRANSPORTATION

Groups are responsible for arranging their own transportation to and from Rocky Mountain High; groups may either drive their own vehicles, rent vans, or sign up to ride a charter bus sponsored by the Synod.

### Synod Bussing

Buses sponsored by the Synod are on a first come, first serve basis. Full deposit is due with registration payment. Groups have the option to sign up for bussing (after registrations are sent) until April 15, 2011. Varying costs per person depending on location of departure (areas not listed should call the Synod office for a price quote).

*\$120 - Minnesota, SE South Dakota, Central Iowa, NW Iowa*

*\$140 - North Dakota, Northern Minnesota, Northern South Dakota*

### RECREATION PLUS

Costs Vary per person depending on the individuals assigned Recreation PLUS. If an individual did not sign up for Recreation PLUS options, they will have no extra cost in this area.

**Billing for Recreation PLUS will be sent in the spring of 2011, after most (if not all) registration forms have been received and processed.**

### REFUNDS

Registration Refunds

- Full refunds of \$295 can be requested on or before March 15, 2011.
- Partial refunds of \$195 can be requested on or before May 31, 2011.
- NO REFUNDS after May 31, 2011.

### Bussing Refunds

All bussing payments are NON-REFUNDABLE.

### SUBSTITUTIONS

- Substitutions can be made on or before May 31, 2011.
- After May 31, 2011 substitutions can ONLY be like gender (male for male; female for female).
- ABSOLUTELY NO SUBSTITUTIONS will be accepted after June 20, 2011 due to the sanity of Synod office personnel!

### LATE REGISTRANTS

If an individual decides to register for Rocky Mountain High after their group's registrations have been sent in, the RMH Leadership CANNOT guarantee availability at the YMCA Camp. Even if there is room at the YMCA Camp, there is no guarantee that the individual will be housed with the rest of the group.

### CONTACT INFORMATION

For more information or questions regarding Rocky 2011, please contact:

Synod of the Heartland: Youth Ministries Office

712.737.4959

[www.synodyouth.org](http://www.synodyouth.org)

Kristin Franken - Event Coordinator  
[kfranken@heartlandsynod.org](mailto:kfranken@heartlandsynod.org)

Bob Cleveringa - Event Director  
[bcleveringa@heartlandsynod.org](mailto:bcleveringa@heartlandsynod.org)

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## ROCKY 2011



• Please mail all payments and registration forms to:

Synod of the Heartland • 612 8th Street SE • Orange City, IA • 51041

**Once you have completely filled out the registration form**

1. Check with church or youth pastor about registration payment  
Who to make your check out to: Individual participants are requested to make checks payable to their church; the church is then expected to send in ONE check to the Synod of the Heartland.
2. How much do you owe now?  
Make appropriate payment for registration and bussing (if applicable). Registrations will not be processed unless full payment is received.
3. Turn in BOTH registration form and payment to church or youth leaders  
Registration forms must be filled out completely and LEGIBLY. The participant agreement must be signed or registrations will be sent back for completion and correction.
4. Church or youth pastors are then responsible to send in all registration forms and payment for the entire church group.

**Mission:** To provide a large group encounter with the transformational truth and love of Jesus for students and leaders.